

## Community Resources for Probation and Parole District #6

CATEGORY	AGENCY NAME AND ADDRESS	TELEPHONE NUMBER / CONTACT INFORMATION	E-MAIL / WEBSITE ADDRESSES
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### STATEWIDE RESOURCES

<b>Birth Certificate, Death Certificate, Marriage Certificate</b>	Office of Vital Records 2001 Maywill Street, Suite 101 Richmond, Virginia 23230	804-662-6200	<a href="http://www.vitalrecords.gov">Office of Vital Records - Vital Records (virginia.gov)</a>
<b>Crisis/Help</b>	2-1-1 Virginia (local resource hotline)	211 or 1-800-230-6977 or text CONNECT to 247211	<a href="http://www.211Virginia.org">www.211Virginia.org</a>
	Adult Protective Services Hotline	1-888-832-3858	
	Alzheimer's Association	Medical Alert/Safe Return 1-800-625-3780	
	National Sexual Assault Hotline	1-800-656-4673	

	Virginia Department for Aging and Rehabilitative Services	1-888-992-0959	<a href="http://www.Easyaccess.virginia.gov">www.Easyaccess.virginia.gov</a>
	Infant and Toddler Connection of Virginia		<a href="http://www.itcva.online">www.itcva.online</a>
	National Suicide Prevention Line	988	<a href="http://www.988lifeline.org">www.988lifeline.org</a>
	Virginia Mortgage Relief Program		<a href="http://www.virginiamortgagerelief.com">www.virginiamortgagerelief.com</a>
	Legal Aid	1-866-LEGLAID	<a href="http://www.valegalaid.org">www.valegalaid.org</a>
	Eviction Helpline	1-833-NOEVICT	
	Predatory Loan Helpline	866-830-4501	
	Senior Legal Helpline	844-802-5910	
	Statewide Resource Directory		<a href="http://www.Virginianavigator.org">www.Virginianavigator.org</a>
<b>Alcohol/Substance Use</b>	Oxford House	1-800-689-6411	<a href="http://www.oxfordhouse.org">www.oxfordhouse.org</a>
	Al-Anon and Alateen	1-888-4AL-ANON (1-	<a href="http://al-anon.org">al-anon.org</a>

		888-425-2666)	
	Narcotics Anonymous		<a href="http://na.org">About Us (na.org)</a> online meetings: <a href="https://virtual-na.org/">https://virtual-na.org/</a>
	Alcoholics Anonymous		<a href="http://www.aa.org">www.aa.org</a> online meetings: <a href="https://www.12step-online.com/meetings/online-aa-meetings/">https://www.12step-online.com/meetings/online-aa-meetings/</a>
	Addiction Center		<a href="https://www.addictioncenter.com/">https://www.addictioncenter.com/</a>
	VADOC Fentanyl Awareness Video		<a href="https://youtu.be/MWH-1hc0-x8">https://youtu.be/MWH-1hc0-x8</a>
<b>Benefits Programs</b>	Virginia Department of Social Services (VDSS)	Apply for SNAP, TANF, EAP and Medical Assistance by calling at 855-635-4370	Apply online for benefits at <a href="https://commonhelp.virginia.gov/access/">https://commonhelp.virginia.gov/access/</a>  You may review program regulations and manuals online at <a href="http://www.dss.virginia.gov">www.dss.virginia.gov</a>
		Apply for Medical Assistance only by calling 855-242-8282	Print a copy of the application off the internet for medical assistance at <a href="http://www.coverva.org">www.coverva.org</a>

		<p>Get an application during office hours at your local Department of Social Services</p>	<p>Print a copy of the application off the internet at <a href="http://www.dss.virginia.gov/">http://www.dss.virginia.gov/</a></p>
<b>Employment Assistance</b>	Virginia Employment Commission (VEC)	<p>VEC Central Office 1-866-832-2363</p> <p>For TTY* Callers: Virginia Relay, Call 711 or 800-828-1140</p>	<p><a href="https://www.vec.virginia.gov/">https://www.vec.virginia.gov/</a></p> <p><a href="#">Claimant Self Service Logon (virginia.gov)</a></p> <p><a href="https://www.uidirect.vec.virginia.gov/">https://www.uidirect.vec.virginia.gov/</a></p>
	Virginia Works	<p><a href="#">Virginia Works Offices</a> <a href="#">  Virginia Employment Commission</a></p>	<p><a href="#">Virginia Works - Virginia's Workforce Development Agency</a></p> <p><a href="http://www.virginiaworks.gov">www.virginiaworks.gov</a></p> <p>Job Openings <a href="https://www.vec.virginia.gov/find-a-job/state-job-openings">https://www.vec.virginia.gov/find-a-job/state-job-openings</a></p> <p>Upcoming Job Fairs <a href="https://www.vec.virginia.gov/find-a-job/job-fairs">https://www.vec.virginia.gov/find-a-job/job-fairs</a></p> <p>A Quick Guide to Relief Programs</p>

			<a href="https://www.vec.virginia.gov/relief-programs">https://www.vec.virginia.gov/relief-programs</a> For Veteran Services <a href="mailto:veteran.services@vec.virginia.gov">veteran.services@vec.virginia.gov</a>
<b>Education</b>	Virginia's Community Colleges		<a href="#">Virginia's Community Colleges   Affordable Degrees, Certificates, Career Training (vccs.edu)</a>  <a href="#">Justice Impacted Individuals   Credits2Careers</a>
<b>Housing</b>	Community Residential Programs (CRP)		Available for inmates, probationers, and parolees who meet eligibility requirements. Speak with your probation officer or counselor regarding availability.
	Oxford House (recovery house program)		<a href="#">Oxford Houses of Virginia » Oxford Houses of Virginia (vaoxfordhouse.org)</a>
	Virginia Association of Recovery Residences (VARR)		<a href="#">Accredited Residencies for Recovery Housing   VARR - Virginia Association of Recovery Residences (varronline.org)</a>
	Virginia Department of Housing and Community Development (DHCD) 600 East Main Street, Suite 300 Richmond, VA 23219	804-371-7000	<a href="https://www.dhcd.virginia.gov/">https://www.dhcd.virginia.gov/</a>  <a href="#">ArcGIS - HSNH Crisis Assistance Directory</a>  Homeless Crisis Hotline Directory - <a href="#">Crisis Assistance Directory by Community 7.2021.pdf (virginia.gov)</a>
<b>Scholarships</b>	LendEDU		<a href="#">Scholarships for Felons   LendEDU</a>
<b>Veteran Services</b>	National Suicide and Veteran Crisis Prevention Lifeline	1-800-273-	

		8255	
	Veteran Crisis Line	1-800-273-8255 Ext. 1	
<b>Medication Assisted Treatment (MAT)</b>	Substance Abuse and Mental Health Services Administration (SAMHSA)	SAMHSA National Helpline 1-800-662-HELP	<a href="https://findtreatment.samhsa.gov/">https://findtreatment.samhsa.gov/</a>
	VADOC MAT Program		<a href="https://www.youtube.com/watch?v=tZM-gaTDkV0">https://www.youtube.com/watch?v=tZM-gaTDkV0</a>
<b>Social Security Card</b>	Social Security Administration		<a href="https://www.ssa.gov/">https://www.ssa.gov/</a>
<b>State ID or Driver's License</b>	Virginia Department of Motor Vehicles		<a href="https://www.dmv.virginia.gov/#/">https://www.dmv.virginia.gov/#/</a>
<b>Reentry Success</b>	Fair Shake		<a href="https://www.fairshake.net/">https://www.fairshake.net/</a>
	VADOC Reentry Video		<a href="https://www.youtube.com/watch?v=PQ4qktFme7w">https://www.youtube.com/watch?v=PQ4qktFme7w</a>
	VADOC Reentry Resource Packet		<a href="https://www.vadoc.virginia.gov/media/1510/reentry-resource-packet-2023.pdf">https://www.vadoc.virginia.gov/media/1510/reentry-resource-packet-2023.pdf</a>
<b>Poison Control</b>		1-800-222-1222	<a href="http://webPOISONCONTROL.com">webPOISONCONTROL Triage</a>

<b>Peer Recovery Services</b>	VADOC Peer Recovery Specialist Initiative		<a href="https://www.youtube.com/watch?v=1CaTMYW6zGg">https://www.youtube.com/watch?v=1CaTMYW6zGg</a>
<b>Restoration of Rights</b>	Secretary of the Commonwealth's Office	804-692-0104	<a href="https://www.restore.virginia.gov/">https://www.restore.virginia.gov/</a>
<b>Free/Reduced Cell Phones</b>	Lifeline Program		<a href="#">Virginia SCC - Universal Service: Lifeline</a> To apply <a href="https://www.lifelinesupport.org/">https://www.lifelinesupport.org/</a>
<b>Free/Reduced Cell Phones</b>	Assurance Wireless		<a href="#">The Affordable Connectivity Program (ACP) - BetterSIM</a>
	Access Wireless		<a href="#">Access Wireless - Free Government Smartphone + Unlimited Phone Service</a>
	Safelink Wireless		<a href="#">SafeLink Wireless</a>
<b>Transportation</b>	United Way – Ride United		<a href="https://www.unitedway.org/our-impact/featured-programs/2-1-1/ride-united#">https://www.unitedway.org/our-impact/featured-programs/2-1-1/ride-united#</a> find your local office: <a href="https://www.unitedway.org/find-your-united-way/">https://www.unitedway.org/find-your-united-way/</a>
	DMAS - Medicaid	1-866-386-8331	See member ID Card

## LOCAL/DISTRICT SPECIFIC RESOURCES

## Suffolk District 6 Community Resources

<b>Employment Services</b>	Remedy Staffing	757-690-2257	<a href="http://www.remedystaffing.com">www.remedystaffing.com</a>
	Kelly Services	757-923-0080	<a href="http://www.kellyservices.us">www.kellyservices.us</a>
	Labor Ready/People Ready	757-539-0045	<a href="http://www.peopleready.com">www.peopleready.com</a>
	Eggleston Employment	757-405-7576	<a href="http://www.egglestonservices.org">www.egglestonservices.org</a>
	Tidewater Staffing	757-935-5935	<a href="http://www.tidewaterstaffing.com">www.tidewaterstaffing.com</a>
	Virginia Workforce Connection	757-558-4455	<a href="http://www.vaworkconnect.com">www.vaworkconnect.com</a>
	Randstad North America	757-465-5100	<a href="http://www.randstad.com">www.randstad.com</a>
	Advanced Temporaries	757-533-9188	<a href="http://www.advancedtemporaries.com">www.advancedtemporaries.com</a>
	Suffolk Workforce Development Center	757-514-7730	<a href="http://www.suffolkva.us/540/Workforce">www.suffolkva.us/540/Workforce</a>
<b>Employment Services</b>	Opportunity Inc. Workforce Center	757-461-7537	<a href="http://www.opp-inc.org">www.opp-inc.org</a>
	Reliance Staffing	757-925-0400	<a href="http://www.reliancestaffing.com">www.reliancestaffing.com</a>
	AARP Senior Employment	855-850-2525	<a href="https://www.aarp.org/aarp-foundation/our-work/income/scsep/">https://www.aarp.org/aarp-foundation/our-work/income/scsep/</a>
	BAE-Norfolk	757-494-4000	<a href="http://www.baesystems.com">www.baesystems.com</a>
<b>Veteran's Services</b>	Virginia Career Works	757629-4702	<a href="https://www.theworkforcecouncil.org/">https://www.theworkforcecouncil.org/</a>
	Veterans Employment Representative (Norfolk)	757-455-3931	<a href="mailto:veteran.services@vec.virginia.gov">mailto:veteran.services@vec.virginia.gov</a>



	Veteran Crisis Hotline	9-8-8 Press 1	<a href="https://www.va.gov/reach/lethal-means/">https://www.va.gov/reach/lethal-means/</a>
	VA Medical Center Hampton Roads	757-722-9961	<a href="http://www.hampton.va.gov/contact/">www.hampton.va.gov/contact/</a>
	Veterans Claims Office (Richmond)	804-786-2261	<a href="http://www.dvs.virginia.gov">www.dvs.virginia.gov</a>
	Western Tidewater Crisis Receiving Center (CIC) Veteran Support Services	(757)255-7133 757-758-5106(same day) (800)273-8525	<a href="https://www.wtcsb.org">https://www.wtcsb.org</a>
	Hunter Homes VA McGuire Medical Center (Richmond)	804-675-5000	<a href="http://www.richmond.va.gov/contact/">www.richmond.va.gov/contact/</a>
	Virginia Department of Veteran Services VA Veteran & Family Support Rep	757-822-5297	<a href="http://www.dvs.virginia.gov">www.dvs.virginia.gov</a>
	Suffolk Disabled American Veterans	757-934-2695	<a href="http://www.dav.org">www.dav.org</a>
	STOP, Inc Homeless Vet Reintegration Program	757-858-1360	<a href="http://www.stopinc.org">www.stopinc.org</a>
<b>Domestic Violence</b>	U.S. Department of Veteran's Affairs	800-827-1000	<a href="http://www.va.gov/">www.va.gov/</a>
<b>Benefits Programs</b>	Virginia Department of Social Services (VDSS)	Apply for SNAP, TANF, EAP and Medical Assistance by calling at 855-635-4370	<a href="https://commonhelp.virginia.gov/access/">https://commonhelp.virginia.gov/access/</a>
<b>Crisis/Help</b>	2-1-1 Virginia (local resource hotline)	211 or 1-800-230-6977 or text CONNECT to 247211	<a href="http://www.211Virginia.org">www.211Virginia.org</a>

	WTCSB Behavioral and Mental Health Support	757-255-7133	
	WTCSB Crisis Support	757-925-2484	<a href="https://www.wtcsb.org/services/crisis">https://www.wtcsb.org/services/crisis</a>
<b>Emergency &amp; Mental Health Services</b>	Help and Emergency Response (HER), Inc. Portsmouth	757-485-3384	<a href="http://www.hershelter.com">www.hershelter.com</a>
	Samaritan House Inc.	757-631-0710	<a href="http://www.samaritanhouseva.org/">www.samaritanhouseva.org/</a>
	First Step: A Response to Domestic Violence	800-578-3433	<a href="http://www.firststepva.com">www.firststepva.com</a>
	Portsmouth Area Resources Coalition (PARC) Shelter	757-393-7848	<a href="http://www.parcinc.org">www.parcinc.org</a>
	Region Five Public Behavioral Health, Crisis, and Support	757-656-775	<a href="https://region-five.org">https://region-five.org</a>
	The Genieve Shelter 9-5 p.m. Monday-Thursday and 9-2 p.m. Friday After 5pm Monday-Thursday and Friday 2pm:	757-925-4365 800-969-4673	<a href="http://www.thegenieveshelter.org">www.thegenieveshelter.org</a>
	Virginia Sexual & Domestic Violence Hotline	800-838-8238	<a href="mailto:hotline@vsdalliance.org">hotline@vsdalliance.org</a>
	Adult Protective Services (Elderly/Adults with a Disability)	757-514-7450	<a href="http://www.suffolkva.us">www.suffolkva.us</a>
	Crisis Services shelter and crisis services to children, men, women, and LGBTQ individuals of all ages, races, cultures, and economic backgrounds who are escaping interpersonal violence,	757-251-0144	<a href="https://www.ywca-shr.org/what-we-do/crisis-services/">https://www.ywca-shr.org/what-we-do/crisis-services/</a>

	stalking, and/or human trafficking in order empower victims and break the cycle of violence.		
	Suicide Hotline	800-784-2433	Number routed to live counselor
	Victim/Witness Program of the CWA	757-514-4366	
<b>Emergency &amp; Mental Health Services</b>	National Suicide Prevention Lifeline	800-273-8255	Number routed to a live counselor
	American Red Cross	757-440-1111	<a href="http://www.seva-redcross.org">www.seva-redcross.org</a>
	IMPACT Mental Health Services community based mental health agency	757-399-1500	<a href="https://impactmentalhealthservices.com/">https://impactmentalhealthservices.com/</a>
	Western Tidewater Community Services Board	757-656-6303	<a href="http://www.wtcsb.org">www.wtcsb.org</a>
	Rape/Abuse/Incest National Network (RAINN)	800-656-HOPE	<a href="http://www.rainn.org">www.rainn.org</a>
	National Counseling Group Mobile Crisis Stabilization	757-280-1752	<a href="http://NCGcommunity.com">NCGcommunity.com</a>
	Milestone Mental Health Skill Building Agency	757-606-2802	<a href="http://www.milestoneagencyva.com">www.milestoneagencyva.com</a>
	Blakely Weaver Counseling Center	757-255-8099	<a href="http://Blakelyweaver.org">http://Blakelyweaver.org</a>
	Zeno Wellness Group	757-567-5854	<a href="http://www.zenowellnessgroup.com">www.zenowellnessgroup.com</a> <a href="mailto:info@zenowellnessgroup.com">info@zenowellnessgroup.com</a>

	The UpCenter	757-965-8622	<a href="http://www.theupcenter.org">www.theupcenter.org</a>
	JAKAFI Behavioral Care Center LLC	757-539-1656	<a href="http://jakafibcc.com/">http://jakafibcc.com/</a>
<b>Children Services</b>	National Runaway Switchboard	800-786-2929	<a href="http://www.nrscrisisline.org">www.nrscrisisline.org</a>
	Virginia Missing Children's Clearinghouse	804-674-2026 800-822-4453	<a href="http://www.vsp.state.va.us">www.vsp.state.va.us</a>
	Harbor Point Behavior Health Center Children and adolescents	757-393-0061	<a href="https://harborpointbhc.com">https://harborpointbhc.com</a>
	Suffolk Health Department and Social Services	757-514-4700	<a href="https://www.suffolkva.us/760/Social-Services">https://www.suffolkva.us/760/Social-Services</a>
	Seton Youth Shelters	757-498-4357 757-498-4673	<a href="http://www.setonyouthshelters.org">www.setonyouthshelters.org</a>
	Child Protective Services	757-514-7450	<a href="http://www.suffolkva.us/socialservices/">www.suffolkva.us/socialservices/</a>
	Child Support Enforcement	757-686-4332	<a href="http://www.dss.virginia.gov">www.dss.virginia.gov</a>
	Haven House for Kids	757-587-4202	<a href="http://www.homesforkids.org">www.homesforkids.org</a>
	Injury Prevention (Car Seats) VA Dept of Health	800-732-8333	<a href="https://www.vdh.virginia.gov/child-passenger-safety/low-income-safety-seat-program/">https://www.vdh.virginia.gov/child-passenger-safety/low-income-safety-seat-program/</a>
	Crisis Pregnancy Center	757-398-2701 or 757-410-9703	<a href="http://www.cpcfriends.org">www.cpcfriends.org</a>
	Center for Child & Family Services 739 Thimble Shoals Blvd., Suite 400, Newport News, Virginia	757-838-1960	<a href="https://kidsandfamilies.com">https://kidsandfamilies.com</a>
	Edmarc Hospice for Children 516 London St, Portsmouth, VA 23704	757-967-9251	<a href="http://www.edmarc.org">www.edmarc.org</a>

	The KEIM Centers Abortion counseling	757-499-4444	<a href="https://keimcenters.com/services/">https://keimcenters.com/services/</a>
<b>Children Services</b>	Children's Hospital of the King's Daughters, Inc.	757-668-7000	<a href="http://www.chkd.org">www.chkd.org</a>
	WIC (Women, Infants, & Children) Suffolk City Health Dept 135 Hall Ave. Suite A Suffolk VA	757-514-4724	<a href="http://www.suffolk.va.ushealth-dept">www.suffolk.va.ushealth-dept</a>
<b>Financial Services &amp; Legal Assistance</b>	Financial Counseling UP Center	757-965-8622	<a href="https://theupcenter.org/housing-financial-counseling">https://theupcenter.org/housing-financial-counseling</a>
	Credit Counseling Suffolk Redevelopment and Housing	757-539-2010	<a href="https://www.suffolkrha.org/credit-counseling">https://www.suffolkrha.org/credit-counseling</a>
	Virginia Legal Aid Society	757-539-3441	<a href="https://vlas.org">https://vlas.org</a> .
	Secretary of the Commonwealth Restoration or Rights	804-692-0104	<a href="https://www.restore.virginia.gov/">https://www.restore.virginia.gov/</a>
	Virginia Lawyer Referral	800-552-7977	<a href="http://apps.americanbar.org">http://apps.americanbar.org</a>
	Social Security	800-772-1213	<a href="http://www.ssa.gov">www.ssa.gov</a>
	Catholic Charities	757-484-0703 757-456-2366	<a href="http://www.cceva.org/">www.cceva.org/</a>
	Family Services of Tidewater	757-622-7017	

<b>Educational &amp; Vocational Services</b>	Adult Education	757-923-5254	<a href="http://www.prudencenter.net/adult-education/">www.prudencenter.net/adult-education/</a>
	Virginia Tidewater Consortiums Educational Opportunity Center	757-683-2312	<a href="http://www.vtc.edu">www.vtc.edu</a>
	Tidewater Literacy Council	757-393-6459	<a href="http://www.tidwater.iteracy.org">www.tidwater.iteracy.org</a>
	Camp Community College	757-925-6300	<a href="https://www.pdc.edu/">https://www.pdc.edu/</a>
	English Speakers of Other Languages (ESOL)	757-451-4050	<a href="http://ww2nps.k12.va.us">http://ww2nps.k12.va.us</a>
	Suffolk Literacy Council	757-514-7733	<a href="https://suffolkliteracy.org/">https://suffolkliteracy.org/</a>
	Suffolk Morgan Memorial Library	757-514-7323	<a href="http://www.suffolkpubliclibrary.com">www.suffolkpubliclibrary.com</a>
	Suffolk Literacy Council	757-514-7733	<a href="mailto:tutorcoordinator@learn2readsuffolk.org">tutorcoordinator@learn2readsuffolk.org</a>
<b>Educational &amp; Vocational Services</b>	Department for the Blind & Visually Impaired (DBVI)	757-466-4162	<a href="http://www.vdbvi.org">www.vdbvi.org</a>
	Deaf & Hard of Hearing Outreach Specialist (VDDHH)	800-552-7917	<a href="https://www.vddhh.virginia.gov">https://www.vddhh.virginia.gov</a>
	Endeppendence Center Disability Advocacy and Services	757-461-8007	<a href="https://endeppendence.org">https://endeppendence.org</a>
	Disability Program Navigator homes in Suffolk County for individuals with intellectual or developmental disabilities.	757-934-1374	<a href="http://www.bettercarefamilyhomes.com">http://www.bettercarefamilyhomes.com</a>

	Deaf Services Unlimited Sign Language Interpreters	800-968-9608	<a href="https://deafservicesunlimited.com">https://deafservicesunlimited.com</a>
	Department of Aging & Rehabilitative Services (DARS Representative)	757-686-4992	<a href="http://www.vadars.org">www.vadars.org</a>
	Suffolk Workforce Development Center	757-514-7730	<a href="http://www.suffolkva.us">www.suffolkva.us</a>
	Paul D. Camp Community Center PDCCC Workforce Development Ctr.	757-569-6700	<a href="https://www.pdc.edu/workforce-development">https://www.pdc.edu/workforce-development</a>
	The College and Career Academy at Pruden	757-923-5254	<a href="https://va50011006.schoolwires.net/domain/883">https://va50011006.schoolwires.net/domain/883</a>
	TCC Center for Workforce Development 7000 College Dr. Suffolk VA	757-822-1333	<a href="https://workforce.tcc.edu">https://workforce.tcc.edu</a>
	Virginia Assistive Technology System (VATS)	804-662-9990	<a href="http://www.vats.org">www.vats.org</a>
	Opportunities for Change	571-331-4666	<a href="http://www.oforc.org">www.oforc.org</a> Counseling, education, mentorship, and technology needed in the workforce
<b>Substance Abuse &amp; Prevention</b>	Al-anon & Ala-teen Family Group	757-499-1443	<a href="https://www.vaalanon.org/">https://www.vaalanon.org/</a>
	A. Richards Counseling LLC 720 Rodman Ave. Portsmouth VA 23707	757-392-4955	<a href="https://www.arichcounseling.com/">https://www.arichcounseling.com/</a>
	Praxis by Landmark Recovery Drug and Alcohol Treatment for Service Members	757-301-0226	<a href="https://landmarkrecovery.com/locations/praxis-norfolk/">https://landmarkrecovery.com/locations/praxis-norfolk/</a>

	Alcoholics Anonymous	866-641-9190	<a href="https://findrecovery.com/aa_meetings/va/suffolk/">https://findrecovery.com/aa_meetings/va/suffolk/</a>
	Narcotics Anonymous	866-801-6621	<a href="https://findrecovery.com/na_meetings/va/suffolk/">https://findrecovery.com/na_meetings/va/suffolk/</a>
	Brightview Suffolk Addiction Treatment	888-501-9865	<a href="http://www.brightviewhealth.com">www.brightviewhealth.com</a>
	ARK Helpline	800-559-9503	Routed to live person
	National Center for Substance Abuse and Child Welfare	800-662-4357	<a href="https://ncsacw.acf.hhs.gov">https://ncsacw.acf.hhs.gov</a>
	Bon Secours - Southampton Memorial Hospital, Franklin	757-569-6100	<a href="https://www.bonsecours.com/locations/hospitals-medical-centers/hampton-roads/southampton-memorial-hospital">https://www.bonsecours.com/locations/hospitals-medical-centers/hampton-roads/southampton-memorial-hospital</a>
	Edgehill Recovery Program	540-662-8865	<a href="https://edgehillrecovery.org/">https://edgehillrecovery.org/</a>
	Western Tidewater Community Services Board	757-656-6303	<a href="https://www.wtcsb.org/services/substance-abuse/">https://www.wtcsb.org/services/substance-abuse/</a>
	The Counseling Center, LLC Mental Health & Substance Abuse	757-826-4600	No website
	Bon Secours Maryview Behavioral Medicine	757-398-2367	<a href="https://www.bonsecours.com">https://www.bonsecours.com</a>
<b>Housing &amp; Shelter Resources</b>	Oxford House	757-497-5880	<a href="https://www.vaoxfordhouse.org">https://www.vaoxfordhouse.org</a>
	Coalition Against Poverty (CAP)	757-587-4202	<a href="http://www.capsuffolk.org">www.capsuffolk.org</a>



	Suffolk Redevelopment & Housing Authority	757-539-2100	<a href="http://www.suffolkrha.org">www.suffolkrha.org</a>
	ForKids	757-587-4202	<a href="https://forkids.org/">https://forkids.org/</a>
	CAPS Night Stay Program	757-286-9126 or 757-587-4202	<a href="http://www.capsuffolk.org/night-stay-shelter/">www.capsuffolk.org/night-stay-shelter/</a>
	Oasis Social Ministry	757-397-6060	<a href="http://oasisocialministry.wordpress.com">oasisocialministry.wordpress.com</a>
	The Dwelling Place (Families)	757-624-9879	<a href="http://thedwellingplace.va.org">http://thedwellingplace.va.org</a>
	Habitat for Humanity, South Hampton Roads	757-640-0590	<a href="http://www.shrhabitat.org">www.shrhabitat.org</a>
	Judeo-Christian Outreach Center	757-491-2846	<a href="http://www.jcoc.org">www.jcoc.org</a>
	Goodwill Suffolk Retail Store	757-538-0182	<a href="http://Goodwillvirginia.org">Goodwillvirginia.org</a>

	Our House Families (Families)	757-769-7019	<a href="http://www.ourhousefamilies.org">www.ourhousefamilies.org</a>
<b>Housing &amp; Shelter Resources</b>	Union Mission Ministries Inc. (Norfolk)	757-627-8686	<a href="http://www.unionmissionministries.org">www.unionmissionministries.org</a>
	Barrett Transitional Home (women)	757-624-6990	<a href="http://www.nowomanalone.com">www.nowomanalone.com</a>
	Suffolk Foundation	(757) 923-9090	<a href="https://suffolkfoundation.org/">https://suffolkfoundation.org/</a>

	Hope House	757-625-6161	<a href="http://www.hope-house.org">www.hope-house.org</a>
	FOR Kids, Suffolk Families/Singles w/children	757-934-1353 757-587-4202	<a href="http://Forkidsva.org">Forkidsva.org</a>
	Oxford House (Women)	757-497-5866	<a href="https://www.vaoxfordhouse.org/">https://www.vaoxfordhouse.org/</a>
	American Red Cross-Suffolk Chapter	757-539-6645	<a href="https://www.redcross.org">https://www.redcross.org</a>
	FAMIS Information (Customer Service)	866-873-2647	<a href="https://coverva.dmas.virginia.gov/learn/insurance-for-children/famis/">https://coverva.dmas.virginia.gov/learn/insurance-for-children/famis/</a>
<b>Health/Medical &amp; Prescription Assistance</b>	Disability Program Navigator (DPN)	757-461-7537	<a href="http://www.vadrs.org/dpn.htm">www.vadrs.org/dpn.htm</a>
	Suffolk Health Department and Social Services	757-514-4700	<a href="https://www.suffolkva.us/760/Social-Services">https://www.suffolkva.us/760/Social-Services</a>
	Sentara Obici Hospital	757-934-4000	<a href="https://www.sentara.com/hospitalslocations/locations/sentara-obici-hospital/directions-parking.aspx">https://www.sentara.com/hospitalslocations/locations/sentara-obici-hospital/directions-parking.aspx</a>
	Suffolk Health Dept	757-514-7000	<a href="https://www.vdh.virginia.gov/western-tidewater/locations/">https://www.vdh.virginia.gov/western-tidewater/locations/</a>
	Western Tidewater Free Clinic	757-923-1060	<a href="http://www.wtfreeclinic.org/what-we-offer/">www.wtfreeclinic.org/what-we-offer/</a>
	Autism Society Tidewater Virginia	757-461-4474	<a href="http://www.tidewaterasa.org">www.tidewaterasa.org</a>

	Main Street Physicians (Indigent Coordinator)	757-925-1866	<a href="https://sevhs.org/">https://sevhs.org/</a>
<b>Health/Medical &amp; Prescription Assistance</b>	Bon Secours Hospice	757-398-2338	<a href="https://www.bonsecours.com/locations">https://www.bonsecours.com/locations</a>

<b>Transportation</b>	Hampton Roads Transit	757-222-6100	<a href="http://www.gohrt.com">www.gohrt.com</a>
	Suffolk Transit Transportation (ADA)	757-214-6442 757-963-9227	<a href="http://www.suffolkva.us/429/Suffolk-Transit">www.suffolkva.us/429/Suffolk-Transit</a>
	Tidewater Medical Transport	757-399-0999	<a href="https://www.tmtambulance.com/">https://www.tmtambulance.com/</a>
	Virginia Department of Transportation	800-367-7623	<a href="https://www.virginiadot.org/">https://www.virginiadot.org/</a>
<b>Food &amp; Fuel &amp; Clothing Resources</b>	Dominion Virginia Power	888-667-3000	<a href="http://www.dom.com">www.dom.com</a>
	Union Mission Ministries, Inc.	757-627-8686	<a href="http://www.unionmissionministries.org">www.unionmissionministries.org</a>
	East End Baptist Church	757-539-3324	<a href="http://www.theeastendbaptistchurch.com">www.theeastendbaptistchurch.com</a> 2 <sup>nd</sup> and 4 <sup>th</sup> Thursday, 10a-12p @ 617 E. Washington St. Suffolk, VA
	Oak Grove Baptist Church	757-539-8012	<a href="http://www.oakgrovebaptist.net">www.oakgrovebaptist.net</a> Food Pantry Monday and Friday 10:30am-1:00pm
	Bethlehem Christian Church	757-539-4274	<a href="http://www.bccsuffolk.org">www.bccsuffolk.org</a> Suffolk residents bring ID and proof of residency. Once per month per household. 1 <sup>st</sup> Tuesday of the month 6p-7p. 2 <sup>nd</sup> and 3 <sup>rd</sup> Tuesday of the month from 10a-11a
	Salvation Army	757-539-5201	<a href="https://salvationarmypotomac.org/suffolk/">https://salvationarmypotomac.org/suffolk/</a> Food Pantry Monday and Wednesday 9:30am- 11:30am, 1pm-3pm; Tuesday and Thursday 9:30am- 11:30am, Fresh food giveaway every 4 <sup>th</sup> Monday 1:30pm-3:00pm. Hot meals Thursday at 3pm
	Dress for Success	757-961—7148	<a href="https://hamptonroads.dressforsuccess.org/">https://hamptonroads.dressforsuccess.org/</a>
	Coalition Against Poverty in Suffolk	757-935-5497	<a href="http://www.capsuffolk.org">www.capsuffolk.org</a>

	<u>Various Foodbank Food Pantry locations</u>		<u>Foodbankonline.org/directory/categories/food-pantry</u>
	S.T.A.R Haven	757793-1888	<a href="https://www.suffolkchristian.org/food-pantry">https://www.suffolkchristian.org/food-pantry</a> call or email for information (starhaveninc@gmail.com)
	Senior Services of Southeastern VA	757-461-9481	<a href="http://www.ssseva.org">www.ssseva.org</a>
	Suffolk Christian Fellowship Center	757-353-0471	<a href="http://www.scfc.online">www.scfc.online</a>
	Western Tidewater Branch, Foodbank of Southeastern VA	757-627-6599 757- 641-0682	<a href="http://www.foodbankonline.org">www.foodbankonline.org</a>
<b>Human Services &amp; General Resources</b>	The Planning Council	757-622-9268	<a href="http://www.theplanningcouncil.org">www.theplanningcouncil.org</a>
	YMCA-Portsmouth	757-483-9622	<a href="http://www.portsmouthymca.org">www.portsmouthymca.org</a>
	Hope for Suffolk	757-539-0540	<a href="http://www.hopeforsuffolk.org">www.hopeforsuffolk.org</a>
	Family Preservation Services of VA	757-455-8300	<a href="http://www.FPSCorp.com">www.FPSCorp.com</a>
	STOP Inc. (Emergency Needs)	757-858-1360	<a href="http://www.stopinc.org">www.stopinc.org</a>
	GMA Interventions, LLC	757-335-4234	<a href="http://www.gmainterventions.com">www.gmainterventions.com</a>
	Wesley Community Service Center, Inc.	757-399-0541	<a href="http://www.wesley-community-service-center.business.site">www.wesley-community-service-center.business.site</a>

	Families in New Direction, Inc (FIND)	757-469-1155	<a href="http://www.FamiliesInNewDirection.net">www.FamiliesInNewDirection.net</a>
	<u>Transitions Family Violence Services</u>	757-728-2638	<a href="https://www.transitionsfvs.org/">https://www.transitionsfvs.org/</a>
	The UP Center	757-965-8622	<a href="http://www.childandfamilyservices.org">www.childandfamilyservices.org</a>
	JAKAFI Behavioral Care Center, Suffolk	757-539-1656	No website
	American Red Cross, Portsmouth	757-393-1031	<a href="mailto:pcreamer@arcportsmouth.org">pcreamer@arcportsmouth.org</a>
	VASAP VA Alcohol Safety Action Program	757-925-1597	<a href="http://vasap.virginia.gov">vasap.virginia.gov</a>
	Virginia Organizing	757-660-6080	<a href="http://www.virginia-organizing.org">www.virginia-organizing.org</a>