I. PURPOSE

This operating procedure establishes a standard protocol for the screening, assessment, and determination of the mental health status and mental health service needs of offenders incarcerated in Department of Corrections facilities.

II. COMPLIANCE

This operating procedure applies to all units operated by the Department of Corrections (DOC). Practices and procedures must comply with applicable State and Federal laws and regulations, ACA standards, PREA standards, and DOC directives and operating procedures.

III. DEFINITIONS

**Acute Care Unit** - A designated treatment unit licensed to provide inpatient mental health services for offenders whose functioning is so severely impaired by a mental disorder that they meet the criteria for involuntary admission

**Annual Review** - A uniform yearly review of an offender's classification, needs, and objectives; the Initial Classification Date (ICD) is used to establish the review date for an offender received on or after February 1, 2006. The Custody Responsibility Date (CRD) is used to establish the review date for an offender received prior to February 1, 2006.

**Community Corrections Facility** - A residential facility operated by the Department of Corrections to provide Community Corrections Alternative Programs

**District Mental Health Clinician (DMHC)** - A Community Corrections Psychology Associate assigned to Probation and Parole Districts and Community Corrections Alternative Program (CCAP) facilities

**Facility** - Any institution or Community Corrections facility

**Health Trained Staff** - A DOC employee, generally a Corrections Officer who has been trained to administer health screening questionnaires, including training as to when to refer to health care staff and with what level of urgency.

**High Risk Sexual Aggressor (HRSA)** - As identified by the Classification Assessment and Psychology Associate assessment, any incarcerated offender at high risk of being sexually abusive

**High Risk Sexual Victim (HRSV)** - As identified by the Classification Assessment and Psychology Associate assessment, any incarcerated offender confirmed as a sexual victim or identified as being at high risk of being sexually victimized

**Institution** - A prison facility operated by the Department of Corrections - includes major institutions, field units, and work centers.

**Intersystem Transfer** - Transfer of an offender from one distinct correctional system into another i.e., from a jail or out-of-state institution into a DOC institution
Intra-system Transfer - Transfer of an offender from one institution to another, from an institution to a Community Corrections Alternative Program facility, or for transfer from one Community Corrections Alternative Program facility to another within the Virginia Department of Corrections

Mental Health Classification Code - A numeric code assigned to an offender by a Psychology Associate that reflects the offender’s current mental health status and mental health service needs; the coding system is hierarchical, ranging from MH-0 representing no current need for mental health services to MH-4 representing the greatest need for mental health services.

Mental Health Residential Treatment Unit - A designated treatment unit where mental health services are provided to offenders who are unable to function in a general population setting due to mental disorder but who typically do not meet the criteria for admission to an Acute Care unit.

Offender with Serious Mental Illness (SMI) - Offender diagnosed with a Psychotic Disorder, Bipolar Disorder, Major Depressive Disorder, Posttraumatic Stress Disorder (PTSD) or Anxiety Disorder, or any diagnosed mental disorder (excluding substance abuse disorders) currently associated with serious impairment in psychological, cognitive, or behavioral functioning that substantially interferes with the person’s ability to meet the ordinary demands of living.

Psychology Associate - An individual with at least a Master’s degree in psychology, social work, or relevant human services field with knowledge, training, and skills in the diagnosis and treatment of mental disorders, which may include Psychiatric Provider, Social Worker or Registered Nurse.

Psychotropic Medication - Medication prescribed for the treatment of a documented mental health disorder, e.g., thought, mood, or behavior disorder

Qualified Mental Health Professional (QMHP)-Adult - An individual employed in a designated mental health services position who meets Department of Health Professions (DHP) Board of Counseling regulatory standards including at least a bachelor’s degree in human services or a related field, supervised experience, registration with DHP as a QMHP, and ongoing education in Mental Health topics.

Sexual Assault Assessment - A clinical assessment completed by a Psychology Associate to determine the need for crisis intervention or other mental health services related to sexual assault victimization and/or protection from further victimization

IV. PROCEDURE

A. Transfer Screening (5-ACI-5B-11, 5-ACI-6A-31; 4-4305, 4-4370)

1. Each offender will receive an initial mental health screening at the time of admission to a DOC facility to identify those with mental health service needs.

2. For intersystem transfers, an intake mental health screening will be performed by health trained or qualified health care personnel upon the offender’s arrival at a DOC facility. All findings will be recorded on the Preliminary Medical Screening (C&R 7b) 720_F8.

3. For intra-system transfers, all offenders will receive a medical and mental health screening by health trained or qualified health care personnel upon arrival at a facility.
   a. All data collected by qualified health care personnel on admission to the facility will be recorded on Intra-system Transfer Medical Review (DOC 726-B) 720_F9.
   b. Facilities without 24-hour health care staff will have Corrections Officers trained to screen offenders when qualified health care personnel are absent.
      i. These health trained staff will complete the Health Screening - Health-Trained Staff 720_F10 immediately upon the arrival of the offender to the facility.
      ii. The screener will send the Health Screening - Health-Trained Staff to the facility medical department for review by health care staff and inclusion into the offender’s Health Record.

4. The mental health screening will include:
   Inquiry into:
   a. Whether the offender has present suicide ideation
b. Whether the offender has a history of suicidal behavior or self-directed violence
c. Whether the offender is presently prescribed psychotropic medication
d. Whether the offender has a current mental health complaint
e. Whether the offender is being treated for mental health symptoms
f. Whether the offender has a history of inpatient or outpatient mental health treatment
g. Whether the offender has any recent use of alcohol or addictive substance use, to include frequency of use, amount used, and last time used
h. Whether the offender has a history of substance use disorder treatment

Observation of:
i. General appearance and behavior
j. Level of consciousness (alertness, orientation)
k. Evidence of abuse or trauma
l. Current symptoms of psychosis, depression, anxiety, or aggression

Disposition of offender:
m. To the general population
n. To the general population with appropriate referral to mental health care service
o. Referral to appropriate mental health care service for emergency treatment

5. The Psychology Associate will notify facility staff responsible for making housing and programming assignments for transgender or intersex offenders of any relevant screening results that would present management or security problems so staff on a case-by-case basis can make a determination that best ensures the offender’s health and safety. (§115.42[c], §115.242[c])

B. Intersystem Transfers: Intake at Reception and Classification Centers, Parole Violator Units, and Community Corrections Facilities

1. An intake mental health screening will be performed by health trained staff or qualified health care personnel upon the offender’s arrival. (See Transfer Screening section of this operating procedure.)

2. If mental health concerns arise from the screening, health trained staff and qualified health care personnel will follow Attachment 1, Guidelines to Access Emergency Mental Health Services.

3. Mental Health Initial Screening and Appraisal (Institutions only) (5-ACI-6A-32; 4-4371)
   a. In addition to the mental health screening, all intersystem (i.e., new to DOC) transfers into DOC institutions will also undergo a mental health appraisal by a Psychology Associate.
   b. Offenders will be interviewed within the following time frames:
      i. New offenders on psychotropic medications will be interviewed by the Psychology Associate within one working day of admission for a face to face mental health initial screening; see Mental Health Services Screening 730_F41.
      ii. The full mental health appraisal will be completed on all offenders within 14 days of admission.
   c. If there is documented evidence of a mental health appraisal within the previous 90 days, a new appraisal is not required, except as determined by the Psychology Associate.
   d. The Psychology Associate will document the results of the mental health appraisal on the Mental Health Appraisal (DOC MH 17) 730_F17 and assign the offender a Mental Health Classification Code. Instructions for completing the Mental Health Appraisal (DOC MH 17) can be found on Attachment 2. The mental health appraisal includes:
      i. Assessment of current mental status, symptoms, condition, and response to incarceration
      ii. Assessment of current suicidal potential and person-specific circumstances that increase suicide potential
      iii. Assessment of violence potential and person-specific circumstances that increase violence potential
iv. Review of available historical records of inpatient and outpatient psychiatric treatment
v. Review of history of treatment with psychotropic medication
vi. Review of history of psychotherapy, psycho-educational groups, and classes or support groups
vii. Review of history of substance use and treatment
viii. Review of educational and special education history
ix. Review of history of sexual or physical abuse-victimization and predatory behavior and/ or sexual offenses
x. Review of history of suicidal or violent behavior
xi. Review of history of cerebral trauma or seizures
xii. Assessment of drug and alcohol use or addiction
xiii. Use of additional assessment tools, as indicated
xiv. Referral to treatment, as indicated
xv. Development and implementation of a treatment plan, including recommendations concerning housing, job assignment, and program participation
e. When an offender is assigned a Mental Health Classification Code of MH-2 or higher, and has received previous mental health treatment services, the Psychology Associate may request recent and pertinent mental health records from the appropriate psychiatric hospitals, Community Services Boards, community mental health practitioners, etc.
f. Based on the results of the mental health appraisal, the Psychology Associate will determine if further assessment is needed to address mental health issues. When clinically indicated, the Psychology Associate should consider testing or other appropriate interventions before the offender is transferred from the Reception and Classification Center. When testing is utilized, the results will be documented on the Psychological Summary (C&R 8) 730_F23 within 60 days of the offender’s admission to the institution.
g. All original mental health documentation, including information received from outside agencies as well as testing data, will be filed in Section IV of the offender’s Health Record. The original Mental Health Appraisal (DOC MH 17) 730_F17 will be filed in its entirety in Section IV of the offender’s Health Record.
h. Clinical decisions involving these offenders awaiting transfer to a permanent institution will be the responsibility of the mental health staff at the reception center until the actual transfer. Upon transfer, the receiving institution will review the offender’s record in accordance with this operating procedure.

C. Intra-system Transfers: Offenders Transfer from One DOC Facility to Another

1. All offenders will receive a medical and mental health screening by health trained staff or qualified health care personnel upon arrival to a facility. (See Transfer Screening section of this operating procedure.)

2. If mental health concerns arise from the screening, qualified healthcare personnel will follow Attachment 1, Guidelines to Access Emergency Mental Health Services.

3. Record Review and Screening Interview Completed by the Psychology Associate (Institutions only)
   a. The receiving institution Psychology Associate will review the offender’s health records for all intra-system transfers and conduct an interview as indicated by the offender’s Mental Health Classification code.
      i. The Psychology Associate ’s record review must be completed and documented within three working days of the offender’s admission to the institution.
      ii. Offenders with a Mental Health Code 2 or above will be interviewed by a Psychology Associate and documented on a Mental Health Services Screening 730_F41, within five working days of the offender’s admission to the institution.
   b. If the newly received offender has a Mental Health Classification code of MH-0, assigned within the past 12 months, no further review or evaluation by the Psychology Associate is required when
the code remains the same.
i. If a staff member (e.g., medical staff or counselor) believes that the MH-0 is not accurate, the staff member will contact the Psychology Associate to request a review of the code.

ii. The Psychology Associate will review the offender’s Health Record to determine the accuracy of the current code and based on results of their review, the Psychology Associate may conduct a face-to-face interview with the offender.

iii. The Psychology Associate will determine if the assigned Mental Health Classification Code reflects the current mental health status and needs of the offender, or if it requires updating.

iv. The results of this review will be documented on the Mental Health Coding Classification Review/Update (DOC MH-18) 730_F18.

c. If a newly received offender has a Mental Health Classification Code of MH-1, the Psychology Associate will review the offender’s Health Record to determine the accuracy of the current code.

i. Based on the results of the record review, the Psychology Associate may conduct a face-to-face interview with the offender.

ii. The Psychology Associate will determine if the assigned Mental Health Classification Code reflects the current mental health status and needs of the offender, or if it requires updating.

iii. The results of this review will be documented on a Mental Health Coding Classification Review/Update (DOC MH-18) 730_F18 even if the Mental Health Classification Code remains the same.

d. If a newly received offender has a Mental Health Classification Code of MH-2, MH-2S, MH-3, or MH-4, the Psychology Associate will review the offender’s Health Record and conduct a face-to-face interview with the offender to determine the accuracy of the current code.

i. Based on the offender's behavior, review of the record, and any additional information obtained since the last Mental Health Code Assignment or review, the Psychology Associate will determine if the assigned Mental Health Classification Code reflects the current mental health status and needs of the offender or if it requires updating.

ii. The results of this review will be documented on a Mental Health Coding Classification Review/Update (DOC MH-18) 730_F18 even if the Mental Health Classification Code remains the same.

e. If a newly received offender has not been assigned a Mental Health Classification Code, the Psychology Associate will review the offender’s Health Record, conduct a mental health appraisal, and determine the appropriate Mental Health Classification Code in accordance with the Intersystem Transfer, Mental Health Appraisal section of this operating procedure.

f. When an offender refuses to cooperate with the face-to-face interview, the Psychology Associate will, at a minimum, directly observe the offender, review available records, and document findings on the Mental Health Appraisal (DOC MH 17) 730_F17 or Mental Health Coding Classification Review/Update (DOC MH-18) 730_F18, as appropriate.

4. Transfer of Offenders to Obtain Mental Health Services - If an offender requires mental health services not available at the institution, a transfer will be initiated in accordance with Operating Procedure 730.3, Mental Health Services: Levels of Care.

D. Evaluations and Assessments

1. In addition to assessment and screening procedures set forth in this operating procedure, an outside evaluation or assessment referral of an offender may be submitted at any time as considered necessary by the Psychology Associate Senior.

2. If a referral for an outside evaluation is needed:

a. All assessment referrals should be reviewed and approved by the Psychology Associate Senior.

b. The Psychology Associate Senior will review the referral with the Mental Health Clinical Supervisor (MHCS).

c. If approved, the Psychology Associate Senior will get the Consent for Release of Confidential
Health and/or Mental Health Information 701_F8 signed and send along with the Referral for Psychological Evaluation 730_F35, and the Mental Health Serious Mental Illness (SMI) Determination 730_F34, if applicable, to the Mental Health Initiatives Administrator (MHIA).

d. The MHIA will review and forward to the vendor.
   i. The Psychology Associate Senior will schedule the appointment, set up the area, make any Unit and offender notifications and arrangements, and will communicate directly with the vendor.
   ii. Any changes in the scope or nature of the evaluation must be approved by the MHIA.

e. Within 90 days, the vendor will send the report to the MHIA who will forward the report to the Psychology Associate Senior and copy the MHCS.

f. After consultation with the MHCS, the Psychology Associate Senior will discuss the results of the evaluation with the offender.

3. All offenders designated as a High Risk Sexual Aggressor (HRSA) or High Risk Sexual Victim (HRSV) are referred to Psychology Associate staff for assessment and follow-up in accordance with Operating Procedure 810.1, Offender Reception and Classification, and Operating Procedure 810.2, Transferred Offender Receiving and Orientation.

   a. The Psychology Associate should review the offender’s most recent Classification Assessment and any other relevant information to determine if the offender’s designation is appropriate or if an override is warranted.
      i. Relevant information includes but is not limited to:
         (a) Completion of relevant treatment
         (b) Demonstrated period of stability
         (c) Completion of monitoring period with no evidence of mental health issues or symptoms related to abuse/ victimization history
         (d) Extended amount of time has elapsed since abuse or victimization event without current symptoms or behavior related to the event
      ii. When the offender is a “known” victim or “known” aggressor and there is sufficient data to support an override, but it is determined by the Psychology Associate that further monitoring is warranted, the offender may be stepped down to a “potential” designation.
      iii. The Psychology Associate must document the use of an override on the Prison Rape Elimination Act (PREA) Psychology Associate Follow-Up 730_F28 and update the offender’s designation on the Classification Assessment in VACORIS.

   b. In institutions, within 14 days of completion of the Classification Assessment, the Psychology Associate will notify those offenders, identified as HRSA or HRSV, of the availability for a follow-up meeting with a mental health practitioner and inform the offender of available relevant treatment and programming. Notification will be documented on the Prison Rape Elimination Act (PREA) Psychology Associate Follow-Up 730_F28. (§115.81[a, b])
      i. Any information related to sexual victimization or abusiveness that occurred in an institutional setting will be strictly limited to medical and mental health practitioners and other staff, as necessary, to inform treatment plans and security and management decisions, including housing, bed, work, education, and program assignments, or as otherwise required by Federal, State, or local law. (§115.81[d])
      ii. Before reporting information about prior sexual victimization that did not occur in an institutional setting, unless the offender is under the age of 18, the Psychology Associate must obtain informed consent from the offender (Consent for Release of Information 050_F14 or Consent for Release of Confidential Health and/or Mental Health Information 701_F8). (§115.81[e])

   c. HRSA and/or HRSV codes must be documented in the mental health section of the offender’s Health Record and reviewed annually thereafter by a Psychology Associate at the assigned facility.
      i. Mental Health staff will pull a custom report in VACORIS in the month of January in order to complete an annual follow-up to monitor and assess current level of functioning, risk, and needs for offenders who are designated HRSA or HRSV.
ii. The Psychology Associate will meet with the offender upon their request, upon referral by the staff, and/or annually to offer available services, encourage participation in relevant programming, and monitor progress for a period of no less than 1 year.

(a) These individuals may or may not have a documented mental health diagnosis, but demonstrate behavior or report complaints that may be appropriate for mental health monitoring or intervention.

(b) During that time, the offender’s Mental Health Code will be at least a MH-1 (Institutions only).

d. An offender’s risk level must be reassessed when warranted due to a referral, request, incident of sexual abuse, or receipt of additional information that bears on the offender’s risk of sexual victimization or abusiveness. (§115.41[g], §115.241[g])

i. The Psychology Associate will immediately consult with the Facility Unit Head or designee and recommend housing interventions or other immediate action to protect an offender when it is determined that the offender is subject to a substantial risk of imminent sexual abuse, or is considered at risk for additional sexual victimization. (§115.62, §115.262)

ii. Psychology Associates will attempt to conduct a mental health evaluation of all known offender-on-offender abusers within 60 days of learning of such abuse history and offer treatment when deemed appropriate. (§115.83[h], §115.283[h])

(a) Other than routine monitoring (e.g., in Restrictive Housing Unit), mental health services are not automatically offered to the alleged/founded perpetrator of the sexual assault.

(b) If mental health services are provided, e.g., if the alleged/founded perpetrator requests such services, a Psychology Associate other than the Psychology Associate who assessed and/or provided services to the alleged/founded victim of the assault should follow up.

4. In institutions, all offenders will be screened before the offender’s placement or within one working day after placement in General Detention so any “at risk” offenders may be identified and monitored as provided in Operating Procedure 730.5, Mental Health Services: Behavior Management.

5. Sexual Assault Assessment

a. All incidents or alleged incidents of sexual assault on an offender assigned to a DOC facility must be reported and investigated, to include notification to a facility Psychology Associate. (See Operating Procedure 038.3, Prison Rape Elimination Act (PREA).)

b. Any Psychology Associate, who has knowledge, suspicion, or information regarding an incident or alleged incident of sexual abuse or sexual harassment that occurred in a facility, whether or not it is part of the agency; retaliation against offenders or staff who reported such an incident; and any staff neglect or violation of responsibilities that may have contributed to an incident or retaliation, must immediately notify the Facility Unit Head of the allegation, unless the referral is from the Facility Unit Head. (§115.61[a], §115.261[a])

c. Psychology Associates may be made aware of the incident or alleged incident from Health Services staff, investigators, a Mental Health Clinical Supervisor, directly from the offender, offender family members, PREA Hotline, or other contacts and facility staff. (§115.82[a], §115.83[a], §115.282[a], §115.283[a])

i. If the incident or alleged incident is a recent sexual assault (i.e., having occurred within the past two weeks), the Psychology Associate will immediately notify the facility Medical Department unless the referral is from Medical.

ii. The Psychology Associate will initiate contact with the victim as soon as possible but no later than two working days after receiving notification of the incident or alleged incident (unless the offender is unavailable, e.g., hospitalized).

(a) The evaluation and treatment of the victim will include, as appropriate, follow-up services, treatment plans, and, when necessary, referrals for continued care following their transfer to, or placement in, other facilities, or their release from custody. (§115.83[b], §115.283[b])

(b) The Psychology Associate should offer services and, based on the offender’s mental and physical status, set an initial time as soon as possible to meet with the offender.
(c) If, prior to seeing the offender, the Psychology Associate learns that the offender has been transported to another DOC facility, the Psychology Associate will contact the Senior Psychology Associate at the receiving facility to ensure follow up.

iii. If indicated, the examining Psychology Associate will offer the offender information on ways to avoid or reduce the probability of sexual victimization to include providing the offender a copy of the Zero Tolerance for Sexual Abuse and Sexual Harassment attachment to Operating Procedure 038.3, Prison Rape Elimination Act (PREA).

iv. The Psychology Associate will conduct a Sexual Assault Assessment 730_F25 and recommend subsequent services as indicated. The Sexual Assault Assessment may be conducted by any Psychology Associate identified by their immediate supervisor as competent to conduct such assessments. (§115.83[a], §115.283[a])

(a) Before beginning the Sexual Assault Assessment, the Psychology Associate will advise the offender of the practitioner’s duty to report, and the limitations of confidentiality and that such information may be available to the facility administration in the context of an investigation in accordance with Operating Procedure 730.6, Mental Health Services: Confidentiality. (§115.61[c], §115.261[c])

(b) The Sexual Assault Assessment involves a clinical interview which will be conducted in as confidential a setting as possible. Ideally, such assessments will not be conducted at a cell door and will not be conducted in the direct presence of non Psychology Associate staff.

(c) At facilities with no assigned Psychology Associate, the Unit Head will notify the Mental Health Clinical Supervisor (MHCS) of the allegation and the MHCS will coordinate the assessment of the offender.

(d) The Psychology Associate will file the Sexual Assault Assessment in Section IV of the Health Record.

d. If the alleged victim of sexual assault refuses to speak to the Psychology Associate or refuses to cooperate with the assessment interview, at least one additional attempt to conduct the assessment will be made by a different Psychology Associate, if indicated, within two working days of the offender’s initial refusal.

i. If the offender continues to refuse, they will be reminded of the availability of mental health services upon request.

ii. These attempted interventions will be documented in Section IV (Mental Health Services) of the Health Record.

e. Results of the Sexual Assault Assessment will determine the nature and extent of recommended follow-up mental health services offered to the offender. §115.83[a], §115.283[a]

i. The Psychology Associate provides victims with follow up mental health services consistent with the community level of care. (§115.83[c], §115.283[c])

ii. If the offender refuses recommended follow up services, the Psychology Associate will advise the offender that they can change their mind at any time and that the Psychology Associate will check back with them (within a week) to monitor their status.

iii. If the offender agrees to accept services, the Psychology Associate will follow up and provide services to the offender as deemed appropriate.

f. The DOC will attempt to make available to the victim a victim advocate from a rape crisis center. If a rape crisis center is not available to provide victim advocate services, the DOC must make available to provide these services a qualified staff member from a community-based organization, or a qualified agency staff member. (§115.21[d], §115.221[d])

g. All case records associated with claims of sexual abuse, including medical and counseling evaluation findings, and recommendations for post-release treatment and/or counseling become part of the offender’s Health Record and are retained in accordance with schedules referenced in Operating Procedure 025.3, Public Records Retention and Disposition.

6. Screening for offender participation in Victim/Offender Dialogue (VOD)

a. If an offender agrees to participate in a VOD, the institutional Senior Psychology Associate will
meet with the offender to determine suitability. If there is no Senior Psychology Associate on site, the MHCS will determine who will complete the screening. The screening will:

i. Determine whether the offender accepts responsibility for the offense, and document the offender’s response to the proposed dialogue.

ii. Determine if the offender is compliant with medication, programs and other treatment.

iii. Determine if the offender has a mental illness and their diagnosis to include their Mental Health Classification code, current mental status, and clinician’s opinion as to whether the information gathered in the screening will have an adverse impact on the offender’s current level of stability.

iv. Determine if the offender has a history of predatory or stalking behavior.

b. The screening will be emailed to the Facility Unit Head and the Victim Services mailbox, with a printed copy of the screening filed in section IV of the offender’s Health Record.

c. If the offender declines to participate in a VOD, or the screening determines that the offender is not appropriate at this time, the Psychology Associate who completed the screening will notify the VOD coordinator.

7. In addition to assessment and screening procedures set forth in this operating procedure, an evaluation or assessment of an offender may be completed at any time as considered necessary by the Psychology Associate.

8. DOC and Virginia Parole Board staff may request an assessment by forwarding a Referral: Mental Health Status Update (DOC MH 12) 730 F26 to the appropriate institutional Senior Psychology Associate, or Mental Health Residential Treatment Unit Director. The receiving Psychology Associate will determine the appropriate means to address the referral.

9. Offenders admitted to a Mental Health Residential Treatment Unit will receive a comprehensive evaluation by a Psychology Associate. (See Operating Procedure 730.3, Mental Health Services: Levels of Care.) The evaluation will be completed within 15 working days of admission to the Mental Health Residential Treatment Unit and include at least the following:

a. Review of mental health screening and appraisal data

b. Direct observation of behavior

c. Collection and review of additional data from individual diagnostic interviews and tests assessing personality, intellect, and coping abilities

d. Compilation of the offender’s mental health history

e. Development of an overall treatment or management plan with appropriate referral to include transfer to mental health facility for offenders whose mental health services needs exceed the treatment capability of the institution

E. Mental Health Classification Coding System (Institutions only)

1. In DOC institutions, the Mental Health Classification Coding system provides a standard approach through which the mental health status and services needs of individual offenders may be examined.

a. Such classification provides information regarding offenders who have special treatment needs or who may present special management concerns.

b. This classification system provides information that can be used for program planning and administrative purposes, as well as in the allocation of current and future resources.

c. Offenders in Community Corrections facilities are not assigned a Mental Health Classification Code.

2. When a Mental Health Classification Code is assigned, it should reflect the offender’s current mental status and services needs and not be based solely on a history of treatment (which may include psychotropic medication) for:

a. Substance abuse

b. Sleep disturbance
c. Medical conditions
d. Psychotropic medication prescribed for medical conditions (i.e. pain management)
e. Sex offenses

3. The Mental Health Classification Coding system criteria are as follows:

**MH-4 Severe Impairment**
The offender is seriously mentally ill and is considered a danger to self or to others or may be substantially unable to care for self. The offender may be prescribed psychotropic medication.

Offenders coded as MH-4 must have a documented significant DSM diagnosis with SMI designation or diagnosis of a severe personality disorder that is manifested with breaks with reality, or perceptions of reality, that lead the individual to experience significant functional impairment or has consistently demonstrated dysfunctional or disruptive social interactions including withdrawal, bizarre or disruptive behavior etc. as a consequence of any diagnosis set out in the definition of serious mental illness.

Assignment to an acute care mental health treatment unit is required.

**MH-3 Moderate Impairment**
The offender has an on-going mental disorder and may be chronically unstable. The offender typically cannot function in the general population for extended periods of time and requires on-going mental health monitoring or mental health monitoring and treatment. The offender may be prescribed psychotropic medication.

This category typically includes:
- Offenders previously coded as MH-4 who have been stabilized and are discharged from an acute care treatment unit, or
- Offenders assigned to a designated DOC Mental Health Residential Treatment Unit
- Offenders whose level of disturbance is such that admission to an acute care treatment unit or other designated DOC mental health unit is a probable periodic occurrence.

Offenders coded as MH-3 must have a documented significant DSM diagnosis with SMI designation or diagnosis of a severe personality disorder that is manifested with breaks with reality, or perceptions of reality, that lead the individual to experience significant functional impairment; or has consistently demonstrated dysfunctional or disruptive social interactions including withdrawal, bizarre or disruptive behavior etc. as a consequence of any diagnosis set out in the definition of serious mental illness.

Offenders coded as MH-3 will be assigned to institutions with full time mental health services staff.

**MH-2S Substantial Impairment**
The offender must have a documented significant DSM diagnosis that meets SMI criteria which requires monitoring by a Psychology Associate and may require medication intervention.

- Offenders coded as MH-2S must be assigned to institutions with full time mental health services staff.
- Offenders whose level of disturbance is such that admission to an acute care treatment unit or other designated DOC mental health unit is a probable periodic occurrence.
- A Mental Health Serious Mental Illness (SMI) Determination 730_F34 is completed upon reception into the DOC, upon transfer to each new institution, at the annual MH Classification Code review, and upon assignment to the Restrictive Housing Unit and Secure Diversionary Treatment Program if the Mental Health Serious Mental Illness (SMI) Determination 730_F34 is more than one year old.

**MH-2 Mild Impairment**
The offender must have a documented significant DSM diagnosis or diagnosis of a personality disorder with symptoms that are usually mild to moderate but stable. The individual can typically function
satisfactorily in a general population setting for extended periods. Monitoring by a Psychology Associate may be necessary. The offender may be prescribed psychotropic medication.

Offenders coded as MH-2 will be assigned to institutions with full time mental health services staff. Offenders for whom treatment services are recommended or treatment needs anticipated will be coded at least MH-2 to ensure assignment to an institution with full time mental health services staff.

**MH-1 Minimal Impairment**

The offender does not currently require mental health treatment but has a history of self-directed violence, suicidal gestures or attempts, or mental health treatment within the past two years. The offender is not prescribed psychotropic medication and can function satisfactorily in a general population setting. Offenders coded as MH-1 may be assigned to any institution.

This code is the minimum code assigned to an offender with a diagnosis of Gender Dysphoria. Higher codes may be assigned based on level of associated symptomatology and behavior.

This code is the minimum code assigned to an offender designated as High Risk Sexual Aggressor (HRSA) or High Risk Sexual Victim (HRSV) if mental health intervention is indicated.

**MH-0 No Mental Health Services Needs**

The offender has no documented history of mental health treatment within the past year (this does not include treatment for alcohol or substance abuse alone, nor for evaluation purposes alone). There is no documented or reported behavior that currently indicates any mental health services needs. No monitoring or treatment by a Psychology Associate is currently required.

Offenders coded as MH-0 may be assigned to any institution.

**MH-X Designated Field Unit and Work Center**

This category includes Mental Health offenders on psychotropic medications housed in designated Field Units and Work Centers who have been screened and approved in accordance with Attachment 3, *Designated Field Unit and Work Center - Psychiatric Services Guidelines*.

4. Changing the Mental Health Classification Code

a. When a change occurs in an offender’s mental health status or mental health service needs, the current assigned Mental Health Classification Code will be reviewed by a Psychology Associate and updated as necessary.

b. Any time an offender’s Mental Health Classification Code is changed, the Psychology Associate will complete a *Mental Health Coding Classification Review/Update (DOC MH-18)*. The original DOC MH 18 will be filed in Section IV of the Health Record.

c. Mental Health Classification Codes may be reduced one level at a time (i.e. MH-3 to MH-2/MH-2S and MH-2 to MH-1, but not MH-3 to MH-1). The following guidelines apply when lowering a Mental Health Classification Code:

i. Offenders coded as MH-4 are eligible to have their code lowered to MH-3 when they have been stabilized or discharged from an acute care treatment unit. Symptomatology and level of functioning are key factors that must be considered prior to the code being changed.

ii. Offenders coded as MH-3 are eligible to have their code lowered to MH-2 if they have demonstrated six months of stability. Symptomatology and level of functioning are key factors that must be considered prior to the code being changed. A Psychology Associate must have interviewed the offender within the past 30 days prior to lowering the code from MH-3 to MH-2.

iii. Offenders coded as MH-2 are eligible to have their code lowered to MH-1 when they have demonstrated six months of stability or when clinically justified, as determined by the Psychology Associate Senior at that site. Symptomatology and level of functioning are key factors that must be considered prior to the code being changed. A Psychology Associate must have interviewed the offender within the past 30 days prior to lowering the code from MH-2 to MH-1.
iv. Offenders coded as MH-1 are eligible to have their code lowered to MH-0 if there has been no documented history of mental health treatment within the past year or when clinically justified, as determined by the Psychology Associate Senior at that site.

v. If the Psychology Associate can demonstrate that the current Mental Health Classification Code was assigned in error, the Psychology Associate Senior at that site can authorize correction of the code outside of the time periods noted above with the reasons noted in the medical record.

5. Annual Review of the Mental Health Classification Code (Institutions only)
   a. Offenders who have a Mental Health Classification Code of MH-1 or greater, and who are assigned to an institution with Psychology Associates, will have their Health Record reviewed at least one time per year at the time of the scheduled annual review.
   b. When the offender is due for their annual review, the Psychology Associate will complete a record review verifying the correct Mental Health Classification Code.
      i. The results of the review will be documented on the Mental Health Coding Classification Review/Update (DOC MH-18) 730_F18.
      ii. If the Psychology Associate is considering lowering the Mental Health Classification Code, the guidelines in the Changing the Mental Health Classification Code section of this operating procedure will be followed.
   c. Offenders who have a Mental Health Classification Code of MH-0 do not have to be reviewed by a Psychology Associate at the time of the offender’s annual review.
      i. If the offender’s Case Management Counselor questions the accuracy of a current mental health code of MH-0, the Counselor will send a written request to the Senior Psychology Associate for a review of the code.
      ii. When such a request is received, a Psychology Associate will complete a record review verifying or updating the current Mental Health Classification Code and document the results of the chart review on the Mental Health Coding Classification Review/Update (DOC MH-18) 730_F18.

6. Mental Health Classification Codes for Parole Eligible Offenders (Institutions only)
   a. Upon written request from a Parole Examiner or Case Management Counselor, the Psychology Associate may complete a record review verifying that the current Mental Health Classification Code is accurate or requires updating for an offender being reviewed for parole.
   b. The results of the chart review will be documented on the Mental Health Coding Classification Review/Update (DOC MH-18) 730_F18.
   c. If the Psychology Associate is considering lowering the Mental Health Classification Code, the guidelines in the Changing the Mental Health Classification Code section of this operating procedure will be followed.

F. Mental Health Classification Coding System (Community Corrections only)
   1. The District (DMHC) or Regional Mental Health Clinicians (RMHC) will review each offender released from an institution, jail, or sentenced directly to community supervision from Court in order to identify the offender’s mental health status and services needs and assign a Community Mental Health Classification Code.

   2. The Community Mental Health Classification Coding system criteria are as follows:

   **CMH-4 Severe Impairment**
   The offender has a DSM diagnosis with SMI designation and/or is considered a danger to self or to others or may be substantially unable to care for self. The offender may require inpatient hospitalization and/or be prescribed psychotropic medication.

   **CMH-3 Moderate Impairment**
   The offender has an ongoing mental disorder and may be chronically unstable. The offender typically cannot function in the community for extended periods of time and requires ongoing mental health
monitoring or mental health monitoring and treatment. The offender may be prescribed psychotropic medication. This category typically includes offenders previously coded as MH-4 who have been stabilized and are discharged from a hospital or offenders whose level of disturbance is such that admission to a hospital is a probable periodic occurrence. General guidelines for assigning this code include:

- DSM diagnosis with SMI designation with significant impairment and/or chronic instability
- Currently in a hospital or transferred between hospitals (i.e., state or private hospitalizations)
- Recently released from hospital and/or receiving intensive community services, such as PACT or MH skill building
- Mental health issues severe enough to interfere with amenability to supervision
- Requires assistance with daily living due to mental health issues
- History of at least one psychiatric hospitalization/commitment
- History of a suicide attempt within the past 6 months

**CMH-2 Mild to Moderate Impairment**

The offender must have a documented significant DSM-5 diagnosis or diagnosis of a personality disorder with symptoms that are usually mild to moderate but stable. The individual can typically function satisfactorily in a community setting for extended periods. Monitoring by a Psychology Associate may be necessary and the offender may be prescribed psychotropic medication. Offenders for whom treatment services are recommended or treatment needs anticipated will be coded at least MH-2. General guidelines for assigning this code include:

- May be taking psychotropic medication prescribed during incarceration
- Receiving mental health services or programming from external provider (e.g., Community Service Board case manager, psychiatrist, clinics, Primary Care Physician)
- Receiving or history of receiving disability for mental health issues, including intellectual disability
- Dually diagnosed with mental health and substance abuse issues
- Diagnosed with intellectual disability or traumatic brain injury with moderate functional impairment
- DSM diagnosis and generally tends to fluctuate in stability
- Chronic suicidal ideation or recent suicidal thoughts without plan or intent
- Recent situational stressor causing a disruption in functioning and/or medication adherence

**CMH-1 Minimal Impairment**

The offender may or may not require mental health treatment currently but has a history of self-directed violent behavior, suicidal gestures or attempts, or mental health treatment within the past two years. This is the minimum code assigned to an offender designated as a High Risk Sexual Aggressor (HRSA) or a High Risk Sexual Victim (HRSV) if mental health intervention is indicated. General guidelines for assigning this code include:

- May be referred for or receiving services from an external provider (e.g., CSB case manager, psychiatrist, MH clinic, PCP) and has been functioning well for the past 6 months
- May have history of mental health services but no treatment for the past 6 months
- Maintaining stability on psychotropic medications with no significant functional impairment

**CMH-0 No Mental Health Services Needs**

There is no documented or reported behavior that currently indicates any mental health services needs. No monitoring or treatment by a DMHC is currently required.

- No referral to RMHC/DMHC, CSB, treatment program, or other outside provider
- No known history of mental health services in the past year
- Stable in the community for the past six months
3. Changing the Community Mental Health Classification Code
   a. When a change occurs in an offender’s mental health status or mental health service needs, the current assigned Community Mental Health Classification Code will be reviewed by a DMHC and updated as necessary.
   b. Any time an offender’s Community Mental Health Classification Code is changed, the DMHC will document this change in a VACORIS note.
   c. Community Mental Health Classification Codes may be reduced one level at a time (i.e. CMH-3 to CMH-2 and CMH-2 to CMH-1, but not CMH-3 to CMH-1). The following guidelines apply when lowering a Mental Health Classification Code:
      i. Offenders coded as CMH-4 are eligible to have their code lowered to CMH-3 when they have been stabilized or discharged from a hospital. Symptomatology and level of functioning are key factors that must be considered prior to the code being changed.
      ii. Offenders coded as CMH-3 are eligible to have their code lowered to CMH-2 if they have demonstrated six months of stability. Symptomatology and level of functioning are key factors that must be considered prior to the code being changed. A DMHC must have interviewed the offender within the past 30 days prior to lowering the code from CMH-3 to CMH-2.
      iii. Offenders coded as CMH-2 are eligible to have their code lowered to CMH-1 when they have demonstrated six months of stability or when clinically justified, as determined by the DMHC. Symptomatology and level of functioning are key factors that must be considered prior to the code being changed. A DMHC must have interviewed the offender within the past 30 days prior to lowering the code from CMH-2 to CMH-1.
      iv. Offenders coded as CMH-1 are eligible to have their code lowered to CMH-0 if there is no documented history of mental health treatment within the past year or when clinically justified, as determined by the DMHC.

G. Information Technology Code Entry
   The Psychology Associate will enter the Mental Health Classification Code into VACORIS within two working days of the completion of the Mental Health Appraisal (DOC MH 17) 730_F17, or Mental Health Coding Classification Review/Update (DOC MH-18) 730_F18, as appropriate.

V. REFERENCES
   Diagnostic and Statistical Manual of Mental Disorders (Fifth Edition)
   Operating Procedure 025.3, Public Records Retention and Disposition
   Operating Procedure 038.3, Prison Rape Elimination Act (PREA)
   Operating Procedure 730.3, Mental Health Services: Levels of Service
   Operating Procedure 730.5, Mental Health Services: Behavior Management
   Operating Procedure 730.6, Mental Health Services: Confidentiality
   Operating Procedure 810.1, Offender Reception and Classification
   Operating Procedure 810.2, Transferred Offender Receiving and Orientation

VI. FORM CITATIONS
   Consent for Release of Information 050_F14
   Consent for Release of Confidential Health and/or Mental Health Information 701_F8
   Preliminary Medical Screening (C&R 7b) 720_F8
   Intra-system Transfer Medical Review (DOC 726-B) 720_F9
   Health Screening - Health-Trained Staff 720_F10
   Mental Health Appraisal (DOC MH 17) 730_F17
   Mental Health Coding Classification Review/Update (DOC MH-18) 730_F18
VII. REVIEW DATE

The office of primary responsibility shall review this operating procedure annually and re-write it no later than three years after the effective date.

The office of primary responsibility reviewed this operating procedure in January 2020 and necessary changes have been made.

Signature Copy on File

Joseph W. Walters, Deputy Director of Administration

Date

11/15/18